



## Why is it important to maintain Brent's Place "safe clean" Guidelines?

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- After a Bone Marrow Transplant, a patient's immune system will not return to normal for many months. Post – Bone Marrow Transplant patients are very susceptible to infections.

## What tools does Brent's Place offer to maintain the Cleaning Guidelines?

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- Brent's Place provides cleaning supplies, including paper products, laundry detergent, brooms, and mops. Please see complete list of all supplies available.
- Brent's Place staff will orient you to the cleaning guidelines in the apartment, explaining how to clean all areas of the apartment to maintain the healthiest environment for your loved one with cancer.
- Brent's Place provides you with the tools to make you successful such as Cleaning Checklist and Daily Check-off Sheets to help maintain the apartments.
- Brent's Place Staff does weekly cleaning checks to monitor cleaning standards and point out areas needing attention.

# Post – Bone Marrow Transplant Tips, for the Health and Well-being of the patient

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- Follow Brent's Place Cleaning Guidelines.
- Avoid Crowded Areas.
- Avoid Areas of Construction.
- Avoid people who smoke, have colds, or infections.
- Wear mask while in public areas.
- Use public areas only at the least busy times, for example, shop in the afternoon during the weekdays and go to movies early in the day.
- Avoid plants and animals especially indoors
- **WASH HANDS ON A REGULAR BASIS, ESPECIALLY AFTER USING THE BATHROOM, AND REMIND THOSE AROUND YOU TO DO THE SAME.**

## Brent's Place Cleaning Guidelines

Cleaning Guidelines Please utilize cleaning supplies provided by Brent's Place.	Times week.	Completed (Check Off)
<b>GENERAL (Living Area &amp; Bedrooms)</b>		
Take out all trash to tan dumpsters.	Daily	
Dust & Clean all furniture and appliances (TV).	Daily	
Damp wipe Door Knobs & Light Switches, especially in bathrooms.	Daily	
Sweep & Mop Hardwood Floors, including under furniture.	Daily	
Damp wipe windows, sills, and blinds.	3X	
Move couch and clean under and behind it.	3X	
Windex Windows	1X	
Clean out trashcans with hot water and bleach	1X	
Dust/Clean Baseboards.	1X	
Dust/Clean corners of rooms.	1X	
Dust/Clean Tops of Picture Frames.	1X	
Clean Lampshades and Light Fixtures	1X	
Remove all couch and chair cushions and clean underneath.	1X	
Damp wipe air vents	Bi-monthly	
<b>KITCHEN:</b>		
Sweep & Mop Kitchen Floors.	Daily	
Damp Wipe Kitchen Counter tops.	Daily	
Wash dishes in dishwasher and dry.	Daily	
Wash sponges in dishwasher.	Daily	
Clean Microwave, inside and out.	3X	
Damp Wipe outside cabinet doors.	3X	
Damp Wipe inside cabinets.	1 X	
Thoroughly wipe inside refrigerator with vinegar to kill mildew.	1 X	
Throw away any old food in the refrigerator.	1X	
Damp Wipe top of refrigerator.	1X	
Pull Refrigerator out and clean floor underneath.	1X	
Clean Stove, inside & out. Turn on self-clean oven.	1X	
Remove bottom shelves of stove and clean floor below.	1X	
<b>BATHROOM:</b>		
Sweep and Mop Floor.	Daily	
Clean/Scrub sink.	Daily	
Clean/Scrub toilet.	3X	
Clean/Scrub tub/shower	3X	
Clean Mirror.	1X	
Dust/Clean any shelving and cabinets, inside and out.	1X	
Replace Shower Curtain.	Monthly	
<b>LAUNDRY:</b>		
Wash towels.	3X	
Wash bedding: sheets, mattress pads, pillow liners, dust ruffles, and blankets	3X	
Wash Rugs	1X	
Wash Slipcovers	1X	
Wash potholders.	1X	
Wash comforters.	Bi-monthly	

Please contact Allen or Fabian with any questions, needs, or concerns 720-343-2804.

## Weekly Cleaning Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Take out all trash to tan dumpsters.	Take out all trash to tan dumpsters.	Take out all trash to tan dumpsters.	Take out all trash to tan dumpsters.	Take out all trash to tan dumpsters.	Take out all trash to tan dumpsters.	Take out all trash to tan dumpsters.
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Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.	Sweep & Mop Kitchen Floors.
Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.	Clean Kitchen Counter tops.
Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.	Sweep and Mop Floor.
Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.	Clean/Scrub sink.
Dust/Clean with bleach windows, sills, and blinds.	Clean outside cabinet doors.	Clean/Scrub toilet.	Dust/Clean with bleach windows, sills, and blinds.	Clean outside cabinet doors.	Dust/Clean with bleach windows, sills, and blinds.	Clean outside cabinet doors.
Move Couch and clean under and behind it.	Clean Microwave, inside and out.	Clean/Scrub tub/shower	Move Couch and clean under and behind it.	Clean Microwave, inside and out.	Move Couch and clean under and behind it.	Clean Microwave, inside and out.
Clean/Scrub toilet.	Wash sponges in dishwasher.	Dust/Clean Baseboards.	Clean/Dust inside cabinets.	Wash sponges in dishwasher.	Clean/Scrub toilet.	Wash sponges in dishwasher.
Clean/Scrub tub/shower	Wash bedding: sheets, mattress pads, pillow liners, dust ruffles, and blankets.	Dust/Clean Corners of rooms.	Thoroughly clean inside refrigerator, throwing away any old food.	Wash bedding: sheets, mattress pads, pillow liners, dust ruffles, and blankets.	Clean/Scrub tub/shower	Clean / Scrub Toilet
Clean Mirror.	Wash towels	Dust/Clean Tops of Picture Frames.	Clean on top of refrigerator.	Wash towels.	Wash potholders.	Wash towels.
Dust/Clean any shelving and cabinets, inside and out.	Remove bottom selves of stove and clean floor below.	Clean Lampshades and Light Fixtures	Pull Refrigerator out and clean floor underneath.	Remove all couch cushions and clean underneath.	Wash Slipcovers	Clean Stove, inside & out.
Windex Windows.	Clean / Scrub Toilet		Clean / Scrub Toilet	Clean / Scrub Toilet		

Please contact Allen or Fabian with any questions, needs, or concerns 720-343-2804.

# List of Cleaning Supplies available to Brent's Place Families

*\*\* All supplies are generously donated. Supplies are free of charge to families at all times. \*\**

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- Dishwashing Detergent – Machine
- Dishwashing Soap
- Windex
- Sink/Tub/Tile Cleaner – Soft Scrub/Clorox Clean-up/Anti-bacterial
- Toilet Bowl Cleaner
- Dusting Spray
- Paper Towels
- Toilet Paper
- Kleenex
- Hand Soap
- Broom
- Mop
- Toilet Bowl Brush
- Sponges
- Shower Curtains

## What supplies to use when cleaning?

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<b>Cleaning Supply</b>	<b>Use on:</b>
Dishwashing Detergent – Machine	Dishes
Dishwashing Soap	Dishes
Floor Cleaner	Floors
Windex	Mirrors, windows
Sink/Tub/Tile Cleaner – Soft Scrub/Clorox Clean-up/Anti-bacterial	Bathroom
Toilet Bowl Cleaner	Toilet
Dusting Spray	Furniture, appliances (TV).
Broom	Inside Only
Mop	Floors
Toilet Bowl Brush	Toilet Only
Sponges	Dishes, not counter tops
Paper Towels	Counter tops

## How to maintain wood/laminate floors?

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- Always mop floors after sweeping.
- Be sure to rinse mop with clean water throughout mopping.
- 3 to 4 times a week, mop with Floor Cleaner.
- When finished mopping, place mop in bucket with clean water and bleach. Rinse out after 30 minutes.

# Apartment Cleaning Checks

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Apartment Cleaning Checks are done on a weekly basis. A Brent's Place Staff Member will come into your apartment and perform a cleaning check based on the list below. Please take these checks seriously; Brent's Place has the health and well being of the patient in mind.

- Please review the cleaning list notes and repair/clean any items mentioned on the check. A staff member will be by the following day to check if the cleaning was completed.
  - If you feel you are doing an inadequate job at cleaning, please contact Allen at 720-343-2804 or Fabian at 720-329-5115, to review cleaning techniques, help you organize a cleaning schedule, and/or refer you to a professional (direct cost to the family) to clean apartment according to our guidelines. It is better to seek help than to have an unclean environment for the patient.
  - If you have any questions or concerns, or need assistance with cleaning issues, please contact Allen or Fabian. We are happy to assist you.
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# APARTMENT CLEANING CHECKS

We were in your apartment today, \_\_\_\_\_, for a cleaning check and the marked items need to be done. Please complete this list by 9:00am tomorrow morning. This is for the safety of the patient staying in this apartment and for the future patients who will be in this apartment.

Name: \_\_\_\_\_

Checked by: \_\_\_\_\_

Apartment: \_\_\_\_\_

Cleaning Guidelines	Completed (Check Off)
<b>GENERAL (Living Area &amp; Bedrooms)</b>	
Take out all trash to tan dumpsters.	
Dust & Clean all furniture and appliances (TV).	
Damp Wipe Door Knobs & Light Switches, especially in bathrooms.	
Sweep & Mop Hardwood Floors, including under furniture.	
Damp Wipe windows sills, and blinds.	
Move couch and clean under and behind it.	
Clean out trashcans with hot water and bleach.	
Windex Windows	
Damp Wipe Baseboards.	
Dust/Clean corners of rooms.	
Dust/Clean Tops of Picture Frames.	
Clean Lampshades and Light Fixtures	
Remove all couch and chair cushions and clean underneath.	
<b>KITCHEN:</b>	
Sweep & Mop Kitchen Floors.	
Clean Kitchen Counter tops.	
Wash dishes in dishwasher and dry.	
Clean outside cabinet doors.	
Clean Microwave, inside and out.	
Wash sponges in dishwasher.	
Clean/Dust inside cabinets.	
Thoroughly clean inside refrigerator, throwing away any old food.	
Clean on top of refrigerator.	
Pull Refrigerator out and clean floor underneath.	
Clean Stove, inside & out.	
Remove bottom selves of stove and clean floor below.	
<b>BATHROOM:</b>	
Sweep and Mop Floor.	
Clean/Scrub sink.	
Clean/Scrub toilet.	
Clean/Scrub tub/shower	
Clean Mirror.	
Dust/Clean any shelving and cabinets, inside and out.	
Replace Shower Curtain.	
<b>LAUNDRY:</b>	
Slipcovers, sheets, towels, rugs.	

Comments: \_\_\_\_\_